

Children and family talk for 25th September 2022

Hello everyone, it's good to have you with me as we explore more of the Bible together and praise God. But let's start by talking to God:

Dear wonderful God, who gives us everything we need every day, we want to spend this time with you. We want to learn about you God. Help us to listen and explore your word together. In your name Lord, we ask this, Amen.

Today we are going to read one of the Psalms together, these are found in the Old Testament.

Our bible reading is from **Psalm 146**.

146 Praise the Lord!

My whole being, praise the Lord.

² I will praise the Lord all my life.

I will sing praises to my God as long as I live.

³ Do not put your trust in princes

or other people, who cannot save you.

⁴ When people die, they are buried.

Then all of their plans come to an end.

⁵ Happy are those who are helped by the God of Jacob.

Their hope is in the Lord their God.

⁶ He made heaven and earth,

the sea and everything in it.

He remains loyal forever.

⁷ The Lord does what is fair for those who have been wronged.

He gives food to the hungry.

The Lord sets the prisoners free.

⁸ The Lord gives sight to the blind.

The Lord lifts up people who are in trouble.

The Lord loves those who do right.

The Lord protects the foreigners.

He defends the orphans and widows.

But he overthrows the wicked.

¹⁰ The Lord will be King forever.

Jerusalem, your God is everlasting.

Praise the Lord!

Let's talk about our Bible verses

This Psalm, as many of them do, begins and ends with praise for God. Praise is where we focus or concentrate on God, taking our minds away from our problems, helping us to think about how great God is. Then the writer tells us not to put our trust in others, but to put our trust in God. It seems obvious really doesn't it – why would we trust ordinary people

who aren't going to be around forever when we can put our trust in a powerful God who made heaven and earth?

People come and go, but God remains loyal forever. The Psalm goes on to remind us of what the Lord does, which is the opposite of what people do – the Lord is fair to people, gives help to those in need, and lifts up those in trouble, the Lord protects foreigners and gives help to orphans and widows.

The Psalm ends reminding us of the permanence of God, "The Lord will be King forever". In this time of uncertainty, we can always rely on God.

Let's talk to God now:

Dear God, we praise you for you are everlasting, good and kind. How wonderful to know that you, Lord, are always there for us, whatever else changes in life, we can rely on you. Help us to be more like you, to look after others, care for people in need, and show kindness to all creation.

Amen.

Now let's say the grace together...

May the grace of our Lord Jesus Christ (Hold out hands as if expecting a present)

And the love of God (Put your hands on your heart)

And the fellowship of the Holy Spirit (Hold hands)

Be with us all now and for ever. Amen! (raise hands bringing thumbs together on the Amen)

The activity sheet from roots: [activity-sheet-25-september-2022.pdf \(rootsontheweb.com\)](https://www.rootsontheweb.com/activity-sheet-25-september-2022.pdf)