

Children and family's news and chat: 9th May 2021

Hello everyone!

Coming next week – Ascension Day. Ascension Day is one of the earliest Christian festivals dating back to the year 68 AD. According to the New Testament in the Bible, Jesus Christ met several times with his disciples during the 40 days after his resurrection to instruct them on how to carry out his teachings. It is believed that on the 40th day he took them to the Mount of Olives, where they watched as he ascended to heaven. The picture on the right shows the statue of Jesus which is in Rio de Janeiro in Brazil.



Ascension Day marks the end of the Easter season and occurs ten days before Pentecost. This year it will be on 13th May 2021. Photo by [Robert Nyman](#) on [Unsplash](#)

In our Sundayclub this week we talked about Jesus being the vine and us being the branches and how we could stay connected to Jesus by praying, reading the bible and keeping in touch with other Christians. We also did line drawings to show our interconnectedness to Jesus, like a vine.

“This is my commandment: Love each other in the same way I have loved you.” John 15 verse 12

It strikes me as a bit strange to be commanded to love someone. But it isn't always easy to love each other, is it? When your brother or sister makes you mad, or your friend spoils your game by not playing it the way you wanted to. When your mum or dad won't let you have what you want, or your teacher doesn't recognise how hard you are trying. Can you still love them? Loving them means you have to forgive them first, now that is definitely not easy!! But Jesus showed us how to do these things that aren't easy, and he wants us to follow his example, by being forgiving and loving. When you're finding it hard to love someone, remember that God loves us all, and has forgiven us. Are you strong enough to follow Jesus' example and love even those that have hurt you?

All age Activity: become eco-warriors!

Here are six ways we can all become eco-warriors at home, and help to look after God's wonderful world:

- Don't waste food! If you don't always eat what is on your plate, maybe ask for less food, so less is thrown away.
- Compost – make your own garden compost and recycle any vegetable waste that isn't eaten, like vegetable peelings. You can set up a small compost area in a corner of your garden. This will also help small insects to thrive! If you live somewhere without a garden, try to put your food waste in the right bin to be composted by the council. Photo by [sippakorn yamkasikorn](#) on [Unsplash](#)
- Don't leave things switched on that don't need to be such as lights after you have left a room.
- Save water by showering and turn the shower off between soaping and rinsing.
- Grow your own fruit and/or veg. This can be done in a very small space, as you can use a growbag or a large bucket! Potatoes are fun and easy to grow or you could have a go at herbs on a windowsill.
- Don't buy things you don't need and try to avoid buying things in plastic.



If you do any of our activities, I'd love to see your pictures and include them in this newsletter!

Watch and Listen: <https://youtu.be/HFtqBjRSD1A> How the world got new words.

Dance and Sing: *Love the Lord*

<https://youtu.be/vdMlxCdIY-c>

Families on Faith adventures: [Families on Faith Adventures \(urc.org.uk\)](https://www.familiesonfaithadventures.org.uk)

If you need to get in touch with me my number is: **Tel: 07511950633**

YouTube channel: [Sandy Brown - YouTube](#)

Wednesday, 05 May 2021

How do you know Carrots are good for your eyes?
You never see a rabbit wearing glasses!

Instagram: childrenandfamilies

Diary:

<p>Sunday 9am</p>	<p>Sandy uploads a short family and children's worship service. Rev. Naomi's service live on Facebook and via the website.</p>
<p>10am 11.00am</p>	<p>Sundayclub zoom, our chance to keep in touch and continue our Sundayclub virtually! Contact Sandy for the zoom link.</p>
<p>Mondays 11am</p>	<p>Story and song time for young children via zoom. Contact Sandy for the link.</p>
<p>Wednesday -1.45pm</p>	<p>Singing on zoom, for all ages! Contact me for the link.</p>
<p>Every other week on Thursdays</p>	<p><u>Triologue – online YouTube broadcasts for 16 to 25 year olds</u> URC Youth invite you to join their regular online live YouTube broadcast called 'Triologue' which will also be broadcast simultaneously on the URC Youth Triologue Facebook page and the URC Children's and Youth Work Facebook page. Aimed at 16 to 25 year olds, each session explores a theme alongside a Bible passage, providing a springboard for further discussion and reflection.</p> <p>TRialogue takes place every other Thursday at 7pm - see the URC Youth Triologue Facebook page for what is coming next. PANEL DISCUSSION FOR YOUNG PEOPLE! 🗨️ bit.ly/trialogueURC</p>
<p>From 1st May</p>	<p><u>Bible by the beach Kids – Bible by the Beach</u> Click on the above link to watch the exciting videos from Eastbourne beach. Free programme available online for families.</p>
<p>Saturday 22nd May</p>	<p><u>Wilderness 2021</u> is a virtual retreat day for young people aged 12+. Saturday 22nd May will feature a day of digital content to help explore faith by looking at the account of Jesus in the wilderness. Content will be delivered online including guided prayer, meditation, craft and worship.</p> <p>Book online before the 12th May to receive your box of resources (£3.95 P&P).</p>

Summer
2021

ONE AMAZING DAY

Stubbers Adventure Centre, RM14 2TY
10-9pm 3/7/21

Eleven amazing hours for children, young people,
children's and youth workers and family groups

Adventure Activities // Live Worship
Sports // Art & Craft // Inflatables
Talks // Challenges // Prizes // Food
and so much more...



EARLYBIRD to 27th May
£42 Per Person
£99 Family Group

www.solidfestival.org.uk

Watch this space for exciting news about the summer holiday club and a new children's club coming your way soon.

with Love, Sandy, Children and Family worker. Xxx

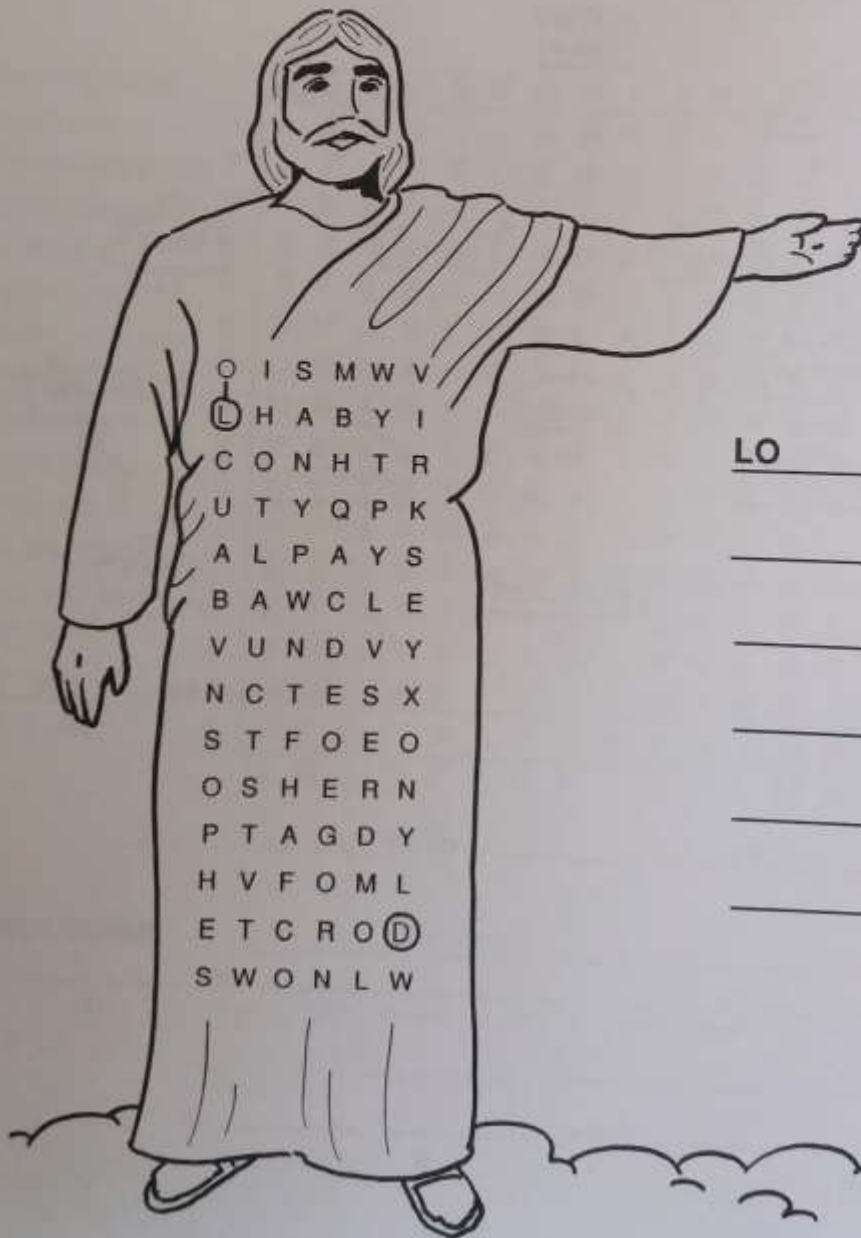
PS. Here is a puzzle for you:

Jesus' Promise to Us

Matthew 28:20

A few weeks after Jesus died and came back to life again, it was time for Him to go back to heaven. Jesus' friends could have been very sad because Jesus was leaving them, so Jesus told them He would be with them all the time. If you love Jesus, He is with you all the time too. Then the Bible says Jesus was lifted up into heaven while His friends watched. The memory verse is the promise Jesus gave His friends just before He went to heaven. It is found in Matthew 28:20.

Begin at the circled L in the upper left corner of the puzzle and trace the memory verse letter by letter through the puzzle until you come to the circled D in the lower right corner. The first word has been done for you. Write the memory verse on the lines beside the picture and then memorize the verse.



LO _____

Matthew 28:20