

Children and family talk for 11th October 2020 week 29.

Good morning, and welcome to the children and family worship from Christ Church URC, Rayleigh. Lets' begin by talking to God, and this prayer is taken from Isaiah 25 verses 1, 3, &9.

O Lord, I will honour and praise your name, for you are my God. You do such wonderful things! You planned them long ago, and now you have accomplished them. Therefore, strong nations will declare your glory; ruthless nations will fear you. In that day the people will proclaim, "This is our God! We trusted in God, and God saved us! This is the Lord, in whom we trusted. Let us rejoice in the salvation he brings"

Our Bible reading today is from Phillipians chapter 4 verses 1 to 9.

Therefore, my dear brothers and sisters, stay true to the Lord. I love you and long to see you, dear friends, for you are my joy and the crown I receive for my work.

Now I appeal to Euodia and Syntyche. Please, because you belong to the Lord, settle your disagreement. And I ask you, my true partner, to help these two women, for they worked hard with me in telling others the good news. They worked along with Clement and the rest of my co-workers, whose names are written in the Book of Life.

Always be full of joy in the Lord. I say it again - rejoice! Let everyone see that you are considerate in all you do. Remember, the Lord is coming soon.

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything you can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

And now dear brothers and sisters. One final thing. Fix your thoughts on what is true, and honourable, and right, and pure, and lovely and admirable. Think about things that are excellent and worthy of praise. Keep putting into practise all you learned and received from me – everything you heard from me and saw me doing. Then the God of peace will be with you.

Let's praise God now as we sing: (use any instruments you have to really praise God as we sing).

Rejoice in the Lord always 286 R&S

Rejoice in the Lord always, and again I say rejoice. *(repeat)*

Rejoice, rejoice and again I say rejoice. *(repeat)*

Let's look at the bible passage a bit more.

Paul was writing this to the Christians in Philippi. He knew them well enough to tell them he loved them and was longing to see them. I guess he would have been a bit disappointed to hear two of them were not getting along with each other. It must have made Paul sad. 😞 Verse 4 is one of my favourite bible verses, where Paul tells them to be full of joy in the Lord and rejoice – its where our song today comes from! Verse 6 is also a favourite of mine, where Paul tells them not to worry about anything. He says when you pray instead of worrying its kind of like this....

(demonstration using cornflour).

Imagine that this gooey cornflour is something you're worried about. The more we keep trying to handle our fears alone the more anxious we become. Now stop. See how quickly your 'worries' melt when you stop trying to handle your problems on your own?

Think about one thing you are worrying about today and now prayand stop worrying!

Praying together

Dear Lord,

Please help us to tell you everything that is bothering us, help us to remember you are there and are listening and you will help us to get through whatever it is. Thankyou for being there and taking away my worries.

Amen.

Let's all do the Grace together, follow me for the actions

May the grace of our Lord Jesus Christ (Hold out hands as if expecting a present)

And the love of God (Put your hands on your heart)

And the fellowship of the Holy Spirit (Hold hands)

Be with us all now and for ever. Amen! (raise hands together on the Amen)

Don't forget to join in the Sundayclub zoom session at 11.15am on Sunday, just ask Sandy for the link. Tel: 07511950633

The children's sheet from Roots:

<https://www.rootsontheweb.com/media/21029/11-oct-2020-childrens-sheet.pdf>