

Children and family's news, chat and ideas to keep you busy week 26!

Hi everyone, here is a condensed news and chat, now that the children are back at school.

I'm very sad to say, that our frog in the garden became ill and died. We don't know why, and we haven't seen the newt in a while either, but we hope to get more frogs and wildlife once the pond has had time to establish.

This week I am doing the ration challenge for the charity Concern UK Worldwide, which raises money for refugees. So I am only eating the rations that would be given to a Syrian refugee. It is harder than I thought, and I am already feeling hungry! Also, I really need to think about what I am going to eat each time, so that I don't use too many of my rations in one go. Some pictures of meals so far are below. It really makes me think how well off I am, where I never have been hungry, or had to think where the next meal will come from, or if I will have enough to feed my family.



**“In everything
do to others
what you would
have them do to
you” Matthew 7
verse 12.**

This bible verse is part of the sermon on the mount where Jesus talks to the people giving them lots of instructions to live better lives.



If you need to get in touch with me my number is: **Tel: 07511950633**

Diary:

Sunday 9am – Sandy uploads a short, recorded, **children and family worship video** which can be accessed via Facebook or the website.

11.15am – Sundayclub zoomers! Speak to Sandy for your personal invitation.

Mondays – We are starting a Mustard Seeds baby and toddler group online parenting group via zoom which will be at **11am**. Please let me know if you are interested in joining in. The first of these will be on Monday **21st September**.

Wednesday –1.45pm Singing on zoom, for all ages! Contact me for the link.

With Love, Sandy, Children and Family worker. Xxx

P. S. here's a picture to colour:

