

Children and family's news, chat and ideas to keep you busy week 25!

Hi everyone, here is the children and family's news and chat, for week 25.

Over the bank holiday weekend, we decided to dig a wildlife pond into the garden. We are very pleased to say we already have a frog or two that have made it their home! And can you see the newt we found before we even started to build the pond! Pictures below. As this last Sunday was climate Sunday, I am focussing on things we can do to make things better and look after the wonderful world God has given us, ideas below. I do hope you have all had a good week back at school and have had fun meeting up with your friends and teachers again! In our Sundayclub zoom session on Sunday we made prayer envelopes and put people's names we cared about inside.



“The earth is the LORD's, and everything in it, the world, and all who live in it;” Psalm 24 verse 1

This bible verse is a reminder that we are just looking after the earth for God, it isn't ours and we should take care of it better!

As I write this, we are not sure if we will be returning to church soon, however, I intend to keep the Sundayclub zoom sessions going, so do get in touch if you would like to join in and are aged between 3 and 16, we'd love to include you! Also, if we do go back to physical church, I understand you will need to book in so we do not exceed capacity, so please bear this in mind. Please be aware my families@ email is still not working so the best way to get in touch with me is via telephone or text. **Tel: 07511950633**

Diary:

Sunday 9am – Sandy uploads a short, recorded, **children and family worship video**

which can be accessed via Facebook or the website.

11.15am – Sundayclub zoomers! Speak to Sandy for your personal invitation.

Mondays – We are starting a Mustard Seeds baby and toddler group online parenting group via zoom.

Please let me know if you are interested in joining in. The first of these will be on Monday 21st September.

Wednesday –1.45pm Singing on zoom, for all ages! Contact me for the link.

Here are some ideas for you to have a go at this week...

- Here are the next five drawing ideas to have a go at from the Accumulate 100 challenge (has anyone been doing these? I had a go at a couple while I was away, send me your pictures if you have):
 - Draw your favourite snack / sweet / chocolate
 - Look out the window/door, draw the first thing you see when you look out.
 - From create to connect: **Rice is nice! From 13th to 19th September, I am doing the ration challenge, where I only eat rations usually given to refugees. The bulk of the ration pack will be rice – so can you get creative with rice? Could you make a new dish with rice? A musical instrument? A picture? A sensory toy? You could write an acrostic poem using the letters RICE, LONG GRAIN or BASMATI...? Paint with rice water? Anything goes!**
 - Story writing –here are some more writing starters to get you thinking...
 - If I were a raindrop, I'd...
 - What I know about rabbits is that...
 - If I were an egg...
 - **How good are you at recycling? Make sure you know what can be recycled in your area and how to recycle it. Did you know that used batteries cannot go in the normal rubbish? Some supermarkets such as Lidl have containers you can put your batteries in so that they get recycled. Why not make up a poster to remind your family to recycle? There is a picture you can colour below to help you!**

And for the younger children:

- Encourage young children to tidy up themselves – good habits stick! Make a game from it by putting on some music and seeing how fast you can get everything back into the right boxes. Here is a link to Flight of the Bumblebee - Rimsky-Korsakov (arr. Rachmaninoff) which is great fun to tidy up to! <https://youtu.be/M93qXQWaBdE>
- **Good idea: keep your small child happy when going round the supermarket with a cheerios necklace! See picture.**
- Use a plastic jar, a few beans, a small amount of paint and a piece of paper to make a 'shake it up' jar. Your child can enjoy painting with no mess by just shaking the jar. But be sure to fit the lid tightly!
- **For a simple and effective way to sooth baby when teething, use a cooled damp flannel. Baby will find chewing on the cool cloth will help to sooth their inflamed gums.**
- Be more environmentally friendly by getting your clothes and children's clothes second hand! There are many online places you can do this including Oxfam: <https://www.oxfam.org.uk/shop>



- Story time for the under-fives with Nicola - two builders: <https://youtu.be/QwqIUKNJF4w>

Singing together: Build your kingdom here - <https://youtu.be/YcSWpVKKMcs>

I'm building a people of power - <https://youtu.be/OtxFK-cmVE8>

Joke: What has ears but cannot hear?
Answer: A corn field.

Sandys YouTube channel:

https://www.youtube.com/channel/UCczXJ3IckAMTs3fhXEBjl_g
<https://www.christchurchrayleigh.org.uk/virtual-church/>

Did you know: Noah's Ark was big enough to hold **55,000** species of animals! Find out more in **Genesis 6-8**

Here are the links to the children and family pages online:

<https://www.christchurchrayleigh.org.uk/virtual-church/news-chat/>
<https://www.christchurchrayleigh.org.uk/children-youth/>

I will be doing the ration challenge alongside Rev. Naomi, where we are sponsored to eat the same rations as a refugee for a week beginning 13th September. If you are able to, please sponsor me, here is the link:

<https://www.rationchallenge.org.uk/sandy-brown>

With Love, Sandy, Children and Family worker. Xxx



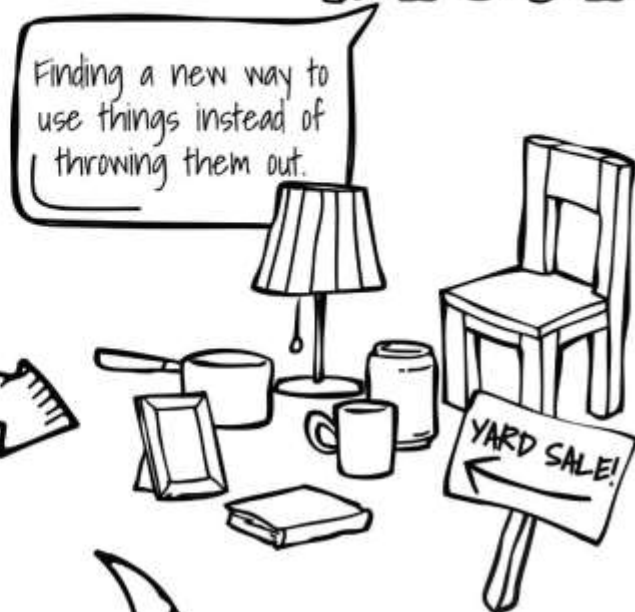
Recycle!

P. S. here's a picture to colour:

REDUCE

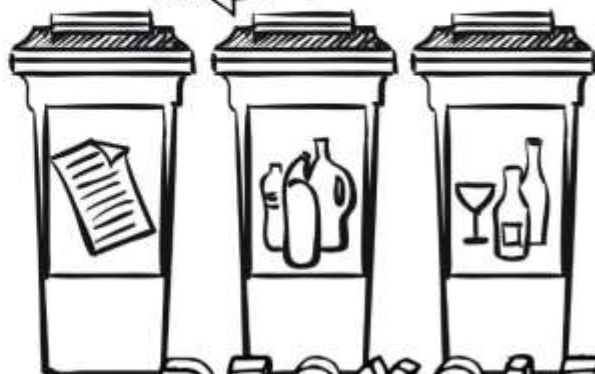


REUSE



Refill soap and lotion containers instead of throwing them away.

REFILL



RECYCLE