

## What should I do if I want to find out more?

If you would like more information on

- how to refer a young person for mentoring
- how to become a community mentor
- training opportunities
- anything else to do with XLMentoring in Rayleigh, - see the contact details below.

# XL-MENTORING

POSITIVE FUTURES FOR YOUNG PEOPLE

Contact us at

Tel: 01268 779100 or 07511950633

Email:

[families@christchurchrayleigh.org.uk](mailto:families@christchurchrayleigh.org.uk)

Or:

[megastaff@megacentrerayleigh.co.uk](mailto:megastaff@megacentrerayleigh.co.uk)

or on the web at

[www.megacentrerayleigh.co.uk](http://www.megacentrerayleigh.co.uk)

[www.christchurchrayleigh.org.uk](http://www.christchurchrayleigh.org.uk)

The MegaCentre  
Rayleigh,  
7 Brook Road,  
Rayleigh,  
Essex,  
SS6 7UT

Christ Church  
United Reformed  
Church  
Crown Hill  
Rayleigh  
Essex  
SS6 7HA

Funded By

  
Essex  
Community  
Foundation

## Let us Introduce Ourselves!



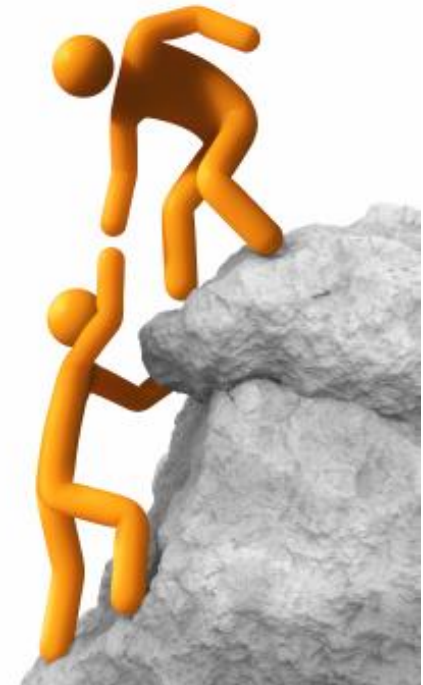
*XLMentoring in Rayleigh is a partnership project between the Megacentre and the United Reformed Church in Rayleigh. It is targeted at young people aged 10-18 and their families. Through a 1:2:1 community mentoring programme, which lasts a minimum of 12 months, the young person is able to gain a belief in themselves and have someone who is willing to support and help them in their everyday life.*

*XLM identifies and evaluates candidate young people to take part in the project in consultation with local schools, pupil referral units, youth services and the police.*

## What I can expect from the XLMentoring project?

Our mentors are trained to

- help young people realise their potential,
- help young people form good relationships,
- keep information confidential unless it would put the young person at risk of harm if left undisclosed,
- Listen without judgement
- Identify possible safeguarding issues and report them.



# XLMentoring

– Positive futures  
for young people





*Trained Volunteer Mentors to 'walk alongside' young people when they are most in need.*

### Our aims:

**XL Mentoring aims to give young people most at risk, a role model mentor in their lives to give support by encouraging them to:**

- Remain in (or re-enter) mainstream education,
- Change their attitudes and behaviours,
- Set goals and work hard to achieve them
- Develop the necessary life-skills to take advantage of opportunities, deal with life's challenges, and play a full part in society.

### Who are the mentors?

All of our mentors are trained volunteers from the local community. They come from various walks of life and each mentee is carefully matched with their adult mentor.

### Where does it take place?

This is a community mentoring scheme, so all the meetings take place in public places in Rayleigh and the surrounding area. It is up to the young person and the mentor to agree a meeting place. Many of our meetings take place at the local coffee shop or at the Megacentre.

### Who can be mentored?

Any young person living in Rayleigh or the surrounding area, or who attends a Rayleigh school, between the ages of 10 and 18 who has been referred by their parents, their local school, the police, the local mental health team or their youth club. This is a voluntary scheme, so the young person must agree to taking part.

## REFERRAL FORM FOR XL-MENTORING

Confidential to you, your referral agency and XLM unless you disclose something of a serious nature.

### 1. Details of young person

<b>Name(s):</b>	<b>Parent/carer:</b>
<b>Address:</b>	<b>Telephone No: Home:</b>
<b>Postcode:</b>	<b>(Mobile):</b>
<b>Date of Birth:</b>	<b>Email address:</b>
<b>Name of School/college:</b>	<b>Attends school/college regularly? Yes/No</b>
<b>Relevant Health information:</b>	
<b>Emotional and Behavioural development/ difficulties if relevant:</b>	

### 2. Referring agency

<b>Name, Contact and role of person/agency making referral:</b>	<b>Address:</b>
	<b>Postcode:</b>
<b>Telephone No:</b>	<b>Any other agencies involved in working with the young person and reasons for involvement if known:</b>
<b>Mobile:</b>	
<b>Reason for referral/main areas of concern:</b>	
<b>Signature of parent/guardian:</b>	<b>Signature of YP:</b>
<b>Date:</b>	<b>Date:</b>